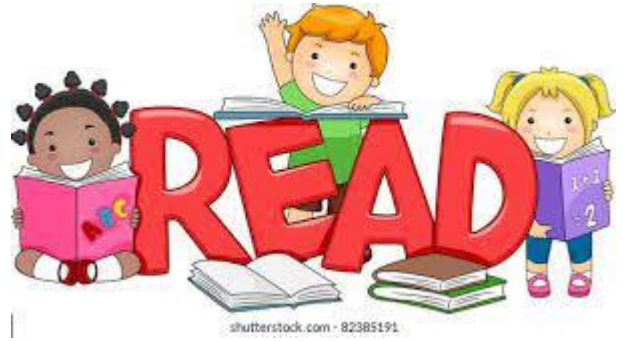# 8 Benefits of Reading!

1. Children who read achieve better in school.

Reading promotes achievement in all subjects, not just English. Children who are good readers tend to achieve better across the curriculum.

2. Reading exercises our brain.

Reading is a much more complex task for the human brain rather than watching TV, for example. Reading strengthens brains connections and builds NEW connections.

3. Reading teaches children about the world around them.

Through reading a variety of books children learn about people, places, and events outside of their own experience.

4. Reading improves vocabulary and language skills.

Children learn new words as they read. Subconsciously, they absorb information on how to structure sentences and how to use words and other language features effectively in their writing and speaking.

5. Reading develops a child's imagination.

As we read our brains translate the descriptions we read of people, places and things into pictures. While we are engaged in a story we are also imagining how a character is feeling. Young children then bring this knowledge into their everyday play.

6. Reading helps children to develop empathy.

As children develop they begin to imagine how they would feel in that situation.

7. Reading is a fun.

A book or an e-reader doesn't take up much space and is light to carry, so you take it anywhere so you can never be bored if you have a book in your bag.

8. Reading is a great way to spend time together.

Reading together on the sofa, bedtimes stories and visiting the library are just some ways of spending time together.