

# St. John's Church of England Primary School Newsletter

## 'The JOY of the Lord is Your Strength'

(Nehemiah 8:10)

Friday 9<sup>th</sup> February 2024

Value: Compassion



### Children's Mental Health week

We have had a wonderful week in school learning about the 5 ways to wellbeing and completing so many activities that have helped us. On pages 2 and 3 of this newsletter, you will find some examples of the fantastic work from this week!



### Safer Internet Day

Thank you to our Year 6's who reminded us all of the need to stay safe online. Please have a look at their video on Class Dojo if you have not already done so.



### Love My Community

Thank you for your generosity today that has enabled us to raise £164.70 (thank you to Millie-May and Matthew for counting) towards Southport Foodbank. It is lovely to see our school value of Compassion in action.

### Sports Hall athletics

Good luck to the children from Year 5 and 6 participating in this event at Greenbank on the first Tuesday after half term!

### Swimming

A huge well done to Year 5 for making so much progress during their time swimming. Year 6 start their block of lessons after half term; a separate letter has been sent out.



### World Book Day

A reminder that we are dressing up this year for World Book Day and that we are celebrating a day later than most schools so PE lessons and swimming do not clash. Miss Halsall has posted a letter about our plans for the day!

### Parents Evening

Advance warning that our Parent Teacher meetings will take place in school on Monday 4<sup>th</sup> March and Wednesday 6<sup>th</sup> March. These meetings are an ideal time for parents to come and look at your child's books and speak to teachers about the progress they are making. I have posted a separate letter on Class Dojo and will re-post after half term; our booking system for appointments opens at 9 am on Monday 19<sup>th</sup> February.

On behalf of us all at St. John's, we hope you have a lovely half term and we look forward to seeing you on Monday 19<sup>th</sup> February. Let's hope the weather has improved a little by the time we return!

**Respect Thankfulness Compassion Truthfulness Trust Responsibility**



Playing the alphabet game in Year 3 made us laugh!



Board games in Year 6



Year 4 and 5 both went out for a run before Year 5 played a game of fruit salad and Year 4 continued their 'Active Day' at home!



Year 4 took time to connect with their pets – great for mental health!



Reception and Year 1 – and teachers – got active together in the hall – great practice for the discos next week!



Some more 'Just Dance' in Year 6 to exercise the body and some chess to exercise and CONNECT the brain!



Year 2 had some brain breaks throughout the day to get active and help their concentration



A spot of Just Dance in Year 3 and some chair exercises for when it's wet outside!



### BE ACTIVE

Being active isn't just good for your physical health but for your mental health too!

- Get outside for a walk
- Make up some silly races.
- Try some online activities like Go Noodle or Just Dance.
- Go for a bike ride with family.
- Play in the garden or go to the park.

## Place2Be's

# CHILDREN'S MENTAL HEALTH WEEK

5-17 FEB 2024



Thank you to Evie in Reception where they were busy 'filling buckets'. She came down to brighten up my day!



Teamwork challenges in Year 1 helped us communicate with each other!



Years 2 and 5 took the time to talk.... And most importantly, listen!

Would you rather go to the beach or to the snow?	What is the best thing about this family?	If you were only allowed to keep your favourite toy, what would you choose?	What do you like the most about your school? (on the left?)	If you could have a super power, what would it be?
Tell us something you are really HAPPY	What is your favourite game to play with your brother/sister?	Tell us about something nice that you did for someone else today.	Describe your perfect day	If you had to be friends with one of the people in the world, who would you like to be?

Some painting whilst listening to classical music helped Year 3 take notice!



### TAKE NOTICE

It's easy to miss things - slow down and take in all that is around you - live in the moment.

- Close your eyes for a moment and notice all the things you can hear, smell and feel.
- Get outside and look for evidence of the season - collect items, take a picture, enjoy the sights.
- Do some mindful colouring or listen to relaxing music.

Some mindful looking in Year 1...



Some creative play and mindfulness

colouring helped Year 2 through their day!



Year 6 were busy learning some

Mandarin to help celebrate Chinese New Year!



Year 1 are now able to count to 10 in Spanish!



Year 4 have been out and about walking their dog and relaxing with lego!



Year 6 thought about how they had grown in the past and how they hope to grow in the future!



Year 4 learnt sign language



Year 5 also learnt some sign language in class!

## Give

**Giving to others can be very rewarding. When you help others you also help yourself.**

- Do something helpful for an adult.
- Compliment a friend or a family member.
- Smile more - a smile is such a powerful thing.
- Thank others who do things for you.
- Draw a picture for someone in your family or a neighbour.

Year 6 wrote compliments to tell others how much they are appreciated



Every school joined together to raise money for Southport Foodbank on Love My Community Day. St. John's were able to GIVE £165 to this fantastic charity which supports our town!



Reception dressed up in colours that matched their mood. There were lots of very colourful, happy children!



Year 2 learnt to play the recorder



### KEEP LEARNING

Everyday is a learning day, it keeps our brains active and builds our confidence!

- Learn to count to 10 in a different language.
- Set yourself a challenge - learn to ride a bike, juggle or do keepie uppies.
- Follow a recipe and cook or bake with a grown up.
- Read a non fiction book and share your learning.

# St. John's Superstars

## Superstar Award

## Year Group

## J.O.Y. Award

Hallie	<u>Reception</u>	Lucy
Dominic	<u>Year 1</u>	Emily
Amos	<u>Year 2</u>	Ava
Dylan	<u>Year 3</u>	Philippa
Antony	<u>Year 4</u>	Ishan
Max	<u>Year 5</u>	Ava-Louise
Rory	<u>Year 6</u>	Chloe

### IMPORTANT DATES FOR YOUR DIARY: ATTENDANCE

Please keep an eye on the newsletter each week as the list of dates will be added to / amended over time. Further details of key events and festivals will be sent out nearer the time in case we need to make any logistical changes. Teachers will keep you updated on Class Dojo regarding key events for your child's class.

9<sup>th</sup> February – break up for half term at 3:05/3:10 pm as normal  
 19<sup>th</sup> February – return to school  
 20<sup>th</sup> February – sports hall athletics for selected Y5/6 children  
 27<sup>th</sup> February – Eucharist Service in school  
 28<sup>th</sup> February – Bright Sparks visiting Y4 all day  
 4<sup>th</sup> & 6<sup>th</sup> March – Parent's evening from 3:30-6 pm  
 8<sup>th</sup> March – World Book Day. We are dressing up this year! (advance warning!)  
 14<sup>th</sup> March – Reception and Y1 trip to Farmer Teds  
 15<sup>th</sup> March – MUFTI Day for Comic Relief and the PFA's Easter Bingo event  
 25<sup>th</sup> March – Swimming gala – team tbc  
 25<sup>th</sup> March – PFA family bingo event (more to follow)  
 26<sup>th</sup> March – Year 4 trip to Liverpool  
 28<sup>th</sup> March – Easter service in Church – 9:30 start  
 28<sup>th</sup> March – Finish for Easter at 1:45 pm. No FAST club on this day.

Good attendance is absolutely vital in ensuring your child is able to fulfil their potential in school. Our target for good attendance is at least 95% of the time in school and learning. Each week the **class** with the highest attendance will get a little extra treat and a mention in assembly.

Reception	97.9%
Year 1	99.4%
<b>Year 2</b>	<b>99.7%</b>
Year 3	95.2%
Year 4	93.5%
Year 5	91.1%
Year 6	98.3%

#### Useful contact details

School Office – 01704 227441  
 FAST club – 07543960290  
[admin@stjohns.sefton.school](mailto:admin@stjohns.sefton.school)  
 Website – [www.stjohnsprimary.co.uk](http://www.stjohnsprimary.co.uk)

#### Prayer for the week

Lord Jesus, During your life on earth you showed compassion and kindness to so many people who were suffering and unhappy. Thank you for people who have shown compassion and kindness to us and given us the courage to keep going even when times were tough. Remind us all, especially during children's mental health week to show compassion and kindness in all that we do. Amen.